

**“A Place
Where Everyone
Matters”**



A Journey and a Destination. Recovery Happens Here!

May 2017

West

860/866

West Broad St.
Columbus, Ohio 43222
Phone: 614-453-4840
Fax: 614-453-4845
www.thepeercenter.org

Hours:

Daily 10:00am-6:00pm
Including Holidays

Daily Warmline
10pm-2am

614-358-TALK(8255)

Daily Activities: Arts/
Crafts, Media Center,
Resource Center, Peer
Support & Socialization

See *Bolded* Items for New
and/or Featured Groups,

The PEER Center & MHAFC
Co-Host a Bipolar Peer Support Group!
Meadow Park Church of God,
2425 Bethel Rd.,
Columbus, OH 43220
Meets first and third Thursdays
7:00pm—8:30pm



SUN	MON	TUES	WED	THU	FRI	SAT
MAY IS MENTAL HEALTH MONTH	1 10:30 Walking Warriors 12:00 Addiction Recovery 2:00 Setting Boundaries 4:00 Depression Support	2 10:30 Walking Warriors 12:00 Healthy Relationships 1:00 Cultural Diversity 2:00 Opiate Recovery	3 10:30 Walking Warriors 12:00 Healthy Habits 2:00 Coping W/Addiction 4:00 Bipolar Support	4 10:30 Walking Warriors 12:00 Handling Conflict 2:00 Coping Skills 4:00 Progressing in Recovery	5 10:30 Walking Warriors 12:00 Anger Recovery 2:00 Alcohol Other Drug Support 3:00 Movie	6 Super Saturday Fun Day Refreshments Provided! 
7 10:30 Walking Warriors 12:00 Positive Thinking 2:00 Man Up! 4:00 Schizophrenia Support	8 10:30 Walking Warriors 12:00 Addiction Recovery 2:00 Setting Boundaries 2:00-4:00 HIV/STI Testing 4:00 Depression Support	9 10:30 Walking Warriors 12:00 Women's Recovery 1:00 AGB/Code of Conduct Review-WEST 2:00 Opiate Recovery	10 10:30 Walking Warriors 12:00 Community Resources 2:00 Journaling 3:30 All-Associate Round Table & Birthday Bash	11 10:30 Walking Warriors 12:00 Anxiety Support 2:00 Men's Recovery 4:00 Relapse Prevention	12 10:30 Walking Warriors 12:00 Women & Trauma 2:00 Alcohol Other Drug Support 3:00 Movie	13 Super Saturday Fun Day Refreshments Provided! 
Mother's Day 14 10:30 Walking Warriors 12:00 Communication Skills 2:00 Assertiveness Spt. 4:00 Computer Skills	15 10:30 Walking Warriors 12:00 Addiction Recovery 2:00 Setting Boundaries 4:00 Depression Support	16 10:30 Walking Warriors 12:00 Healthy Relationships 1:00 Cultural Diversity 2:00 Opiate Recovery	17 10:30 Walking Warriors 12:00 Healthy Habits 2:00 Coping W/Addiction 4:00 Bipolar Support	18 10:30 Walking Warriors 12:00 Handling Conflict. 2:00 Coping Skills 4:00 Progressing in Recovery	19 10:30 Walking Warriors 12:00 Anger Recovery 2:00 Alcohol Other Drug Support 3:00 Movie	20 Super Saturday Fun Day Refreshments Provided! 
21 10:30 Walking Warriors 12:00 Positive Thinking 2:00 Man Up! 4:00 Schizophrenia Support	22 10:30 Walking Warriors 12:00 Addiction Recovery 2:00 Setting Boundaries 4:00 Depression Support	23 10:30 Walking Warriors 12:00 Women's Recovery 1:00 AGB/Code of Conduct Review-EAST 2:00 Opiate Recovery	24 10:30 Walking Warriors 12:00 Community Resources 2:00 Journaling 4:00 Bipolar Support	25 10:30 Walking Warriors 12:00 Anxiety Support 2:00 Men's Recovery 4:00 Relapse Prevention	26 10:30 Walking Warriors 12:00 Women & Trauma 2:00 Alcohol Other Drug Support 3:00 Movie	27 Super Saturday Fun Day Refreshments Provided! 
28 10:30 Walking Warriors 12:00 Communication Skills 2:00 Assertiveness Spt. 4:00 Computer Skills	Memorial Day 29 Fun Day All Day!	30 10:30 Walking Warriors 12:00 Healthy Relationships 1:00 Recovering in Community 2:00 Opiate Recovery	31 10:30 Walking Warriors 12:00 Healthy Habits 2:00 Coping W/Addiction 4:00 Bipolar Support	The PEER Center-East Is having a  Ice Cream Social  May 18th 12:00pm		NATIONAL PREVENTION WEEK MAY 14TH-20TH

Peers Enriching Each others' Recovery

Experience The Power of PEERs